

GETTING STARTED WITH OILS

Elaine Lisle

You can find most of what you need at Merion Art and Repro in Ardmore. You can save money by ordering online. I recommend ASWExpress.com. or Dick Blick and cheap joes. Another good source for brushes and boards is <http://www.canvaspanels.com/>

If you go to the “teachers’ carts section of dickblick.com, you will see a supply list for Beginning Oils by Elaine Lisle. I have labeled some items required and some recommended. If you already have oil painting supplies you can certainly substitute with what you already own. You can pick and choose from these items and add the ones you need to your shopping cart.

<http://www.dickblick.com/lists/blicku/RP7DJLIQ6CMIW/items/>

I have listed the introductory set of Graham oil colors because it is such a good deal even though they are not all the exact colors I would choose, they are great for a beginning set and come with a small bottles of walnut oil and walnut alkyd medium.

Please email me with questions. elainelisle@gmail.com

Paints In general I recommend Graham oil colors which are made with walnut oil and are completely solvent-free. I also like Winsor & Newton paints, (not Winton which is student grade)

Essential colors

titanium white (200 ml tube)

37 ml tubes:

burnt sienna

Ultramarine blue

alizarin crimson

cadmium red/ or scarlet lake

cadmium yellow light/ winsor lemon

winsor yellow deep

If you want to expand your own palette, I recommend-

burnt umber

yellow ochre

Pthalo turquoise or Cerulean blue

Pthalo green or emerald green

Sap Green

Azo Green (if using Graham colors)

cadmium orange/

Brushes-

filbert hog bristles 2 ea of several sizes ¼”- ¾”

synthetic brushes –I prefer flats and brights of different sizes, ¼ to ½”

1 or 2 fine round brushes for detail

color shaper, medium size- this is a brush with a rubber tip.

Other necessities

double cup for medium & turpenoid. (or small babyfood-size jars)

palette knife

brush cleaner and brush holder (I recommend Masters Brush Cleaner)

oil painting medium –Standard recommendations are linseed oil, poppyseed oil or walnut oil.

I recommend Walnut Alkyd medium which is a solvent-free quick dry medium and walnut oil instead of using turpenoid or gamsol

Palette –disposable, wood, plexiglass, or make yourself a glass palette

paper towels & cotton rags

disposable vinyl gloves (optional)

suggest you bring a jar with screw top lid to take your leftover medium/solvents home with you.

Additional supplies for use at home-

Easel- if you do not already have an easel, I recommend purchasing a travel easel which is great to set up indoors as well. My personal favorite comes with a tripod, from [artworkessentials.com](http://www.artworkessentials.com) the PRO

<http://www.artworkessentials.com/products/EASyL-Pro/PRO.htm>

BUT

If you just want something inexpensive to work with inside there are always sale items available online or at merion art & repro...